



COVID Specific Guidelines at NEBC Northboro PHASE III STEP 2

(updated to include November 6th Amendments)

To participate or attend activities at NEBC, all participants, volunteers, coaches and spectators must be symptom free of COVID-19 for 14 days.

If any individual develops symptoms of COVID-19 while at NEBC they should be removed from the activity, promptly inform the program that they are associated with and/or NEBC staff and must return home.

Facility Entrance

- Gate closest to the building – for NEBC Northboro returners the entrance is the same as it has been in the past – clearly marked.

Facility Exit

- Separate, but adjacent to the facility entrance – clearly marked.

On-Field Activity

- Games are permitted as a part of Phase III
- Players are required to wear face coverings AT ALL TIMES
- Players should adhere to social distancing measures as often as possible understanding that some contact may occur during moderate risk sports
- If players can't maintain social distancing within the dugouts NEBC has provided additional seating in the bullpens for players. Players are also encouraged to bring their own chairs in order to social distance.
- Players are to bring and only use their own equipment, food and drink
- Coaches are required to wear face coverings and follow social distancing measures at all times
- Umpires/Officials are required to wear face coverings and follow social distancing measures at all times – the home plate umpire (baseball) will be moved behind the mound
- Dugouts will be cleaned after each use

Off-Field Activity

- We ask that the number of spectators be limited – Massachusetts states “spectators of youth sports...should be limited to one adult chaperone per athlete.”
- Spectators must wear face coverings and adhere to social distancing guidelines AT ALL TIMES
- Players must wear face coverings and adhere to social distancing guidelines to and from the parking lot

Additional Notes

- Though hand sanitizer will be made available on site, we highly encourage everyone to have their own personal bottle – this includes players and spectators.
- The restrooms adjacent to our concessions will be available but with limited capacity and frequent cleanings. The restrooms inside the main building will not be accessible.
- Please do not show up more than 30 minutes prior to your schedule time.
- When your game has concluded please be prompt in getting all equipment and exiting the facility.



Coaches Checklist – COVID

- **Prior to your arrival at NEBC**
 - Send parents NEBC COVID Specific Guidelines
 - Remind parents one chaperone per player
 - Remind parents that they must wear masks and maintain social distancing at all times – no exceptions
 - No pop-up tents – parents are allowed to bring single umbrellas for shade
 - Chairs are allowed and encouraged as all benches have been removed

- **While you are at NEBC**
 - Coaches must wear face coverings or masks at all times
 - Players must wear face coverings or masks and maintain social distancing at all times unless they are actively participating – this includes:
 - **At bat**
 - **In the dugout**
 - If there is not enough room in the dugouts NEBC as placed benches in the bullpens – players are also encouraged to bring their own chairs
 - **While walking to and from the field**
 - No post game meetings – please gather equipment and leave the premises as soon as your game has completed

Additional Rules

- All game times are set throughout the day
- All games have time limits
- At the completion of each game both teams will leave the premises expeditiously
 - This allows NEBC staff to thoroughly clean the dugouts and other high touch areas. This also allows for no overlap in between games (see next point)
- Teams should not arrive any earlier than 30 minutes before game time – if you do arrive early please stay in your car in the parking lot.



Game Rules – Umpires

- 1 Hour 50 Minute Time Limit
- Run Rule – 12 runs after 5 innings
- Ensure you (umpire) keep mask or face covering on at all times
- Ensure coaches keep mask or face covering on at all times
- Ensure batter has mask on
- Ensure players in dugout wear mask or face covering and maintain social distancing – if dugout is too “crowded” i.e. players cannot maintain social distancing then players can sit on the benches in the bullpens

If coaches and/or players do not follow the above then the game cannot be played until they comply.